



Asociatia EquiLibre Romania

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#### LETTER OF SUPPORT

**The EquiLibre Association** is a non-governmental, apolitical and non-profit organization, has registered with Romanian juridical personality since 1991.

**Our mission** – is to offer the support for disadvantaged categories of people with social, educational and vocational training programs, people with different religion, different ethnics and this take place with the help of our partners - public and private institutions and the promotion in social field.

**Our values:**

- ✓ The respect for our beneficiaries
- ✓ The honesty
- ✓ The humanity
- ✓ The solidarity
- ✓ The transparency

In our vision, the association activity based on interests and the needs of the beneficiaries, finished with their equal access and without discrimination at these services.

This services give them the chance to reintegrate at social life for elderly people and to integrate in social and professional life for child and younger.

Year by year, we can see to grow the number of our beneficiaries and to offer this kind of services we developed partnerships with local authorities – the Public Administration and NGOs to support the social work activities.

The studies about Romanian population noticed a demographic growing old process and this will be continued in next year, which alarm people hope's life in the next future. The low level in the rate of birth got gloomy expectation for each generation with advanced age.

The elderly people lost them autonomy, carry out the daily acts with difficulty and in this way they become dependent from somebody's help.

With the help of our programs a number of 10000 elderly people have benefited so far by the next services:

- ✓ Social work
- ✓ First medical assistance
- ✓ Psychological counselling
- ✓ Administrative counselling
- ✓ Package with food and hygienic products
- ✓ Lunch at beneficiaries home or to the canteen
- ✓ Washing services
- ✓ Theatre and club activities
- ✓ Home care
- ✓ Occupational therapy activities

From 1996 EquiLibre Romania has orientated towards homecare. In this way EquiLibre Association together with the City Hall from Sector 6, Bucharest has created a Social Centre for Elderly People from this sector.

Services for elderly people are offered by a multidisciplinary team: social assistant, psychologist, doctor, medical assistant, kinetic therapist; and with the help of a new professional category: home caregiver for elderly people.

**EquiLibre Humanitarian Association is member of the next groups:**

- ✓ founder member of the Suppliers Federation for Home Care Services from Romania (FFIDR) created in June 2005 with Romania Caritas Confederation and White- Yellow Cross Association
- ✓ from 2005 member of National Association of Vocational Training Suppliers from Romania (A.N.F.F.P.R.)
- ✓ from 2006 member of DISABNET network which were adhered organizations suppliers social services for persons with disabilities.
- ✓ founder member of the " Health, Hygiene and Social Services Sectorial Committee" Association from 2007, October 17
- ✓ from 2002 member of NGO's Federation for Child Protection (FONPC)
- ✓ from 2003 member of the National Agency for Citizens Advice Offices (ANBCC)

Asociatia Umanitara EquiLibre supports Ms. Ioana Caciula as National Representative at INPEA. Ms. Caciula actives in the field of preventing elder abuse and has initiated the first study



regarding elder abuse in domestic settings in Eastern Europe (“Recognition of elder abuse by home care workers and older people in Romania” – Caciula, I, Livingston, G, Caciula, R., Cooper, C. – published in INTERNATIONAL PSYCHOGERIATRICS, 22 (3), pp. 403-408, 2010). She also delivers training for young geriatricians regarding elder abuse prevention, identification, and management (Course “Medical assistance at home” organized by the Association of Young Geriatricians in 2011 and 2012 and authorized by The Romanian College of Physicians) and also for elderly home careworkers in several qualification courses organized in Bucharest by NGOs. Ms. Caciula currently participates, as psychologist, in a project called “Let’s learn to respect our grandparents” financed by The Embassy of France and implemented by Asociatia Umanitara Equilibre. This project has the aim of sensitizing the professional working in the elderly field regarding elder abuse and to create a handbook for prevention of elder abuse. Ms. Caciula has also participated in the organization of the World Elder Abuse Awareness Day – 15 June 2013, with other NGO s and professional in Romania.

**Taking into consideration these aspects, we strongly support the nomination of Ms. Ioana Caciula as national representative at INPEA.**

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PRESEDINTE  
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